



JABATAN PSIKIATRI & KESIHATAN MENTAL
(DEPT. OF PSYCHIATRY & MENTAL HEALTH)
HOSPITAL KUALA LUMPUR
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Ruj. Kami : HKL/Psi/98/CP/Pro(12)
Tarikh : 21 Oktober 2019

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Kuliyyah of Islamic Revealed Knowledge & Human Sciences
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Jalan Gombak, 53100 Kuala Lumpur

Melalui :

Head of Department
Kuliyyah of Islamic Revealed Knowledge & Human Sciences
Department of Psychology
IIUM Gombak Campus
Jalan Gombak, 53100 Kuala Lumpur

Y. Bhg Datuk/Dato'/Dr./Tuan/Puan,

**JEMPUTAN SEBAGAI PANEL PERBINCANGAN KES KOMPLEKS BAGI KURSUS
CLINICAL PSYCHOLOGY MASTERCLASS 2019 ANJURAN PROFESION PSIKOLOGI
KLINIKAL KEMENTERIAN KESIHATAN MALAYSIA (KKM)**

Dengan segala hormatnya perkara di atas dirujuk.

2. Sukacita dimaklumkan bahawa Profesion Pegawai Psikologi Klinikal akan mengadakan satu Kursus *Clinical Psychology Masterclass 2019* anjuran Profesion Psikologi Klinikal KKM pada 4-6 November 2019. Justeru pihak kami berbesar hati untuk menjemput Y. Bhg Datuk/Dato'/Dr./Tuan/Puan untuk memberi ceramah seperti butiran berikut :

Tarikh : 6 November 2019
Masa : 9.00 pagi – 12.00 tengahari
**Tempat : Bilik Seminar MDC, Level 3,
Institut Kanser Negara
4,Jalan P7, Presint 7, 62250 Putrajaya**

Tajuk : Case Complex Discussion

3. Kursus ini bertujuan memberikan pendedahan tentang perkembangan terbaru mengenai Penilaian Psikologi Klinikal dari pelbagai spektrum kepada semua Pegawai Psikologi (Klinikal) di KKM.



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PENYAYANG, KERJA BERPASUKAN DAN PROFESIONALISME
ADALAH BUDAYA KERJA KITA

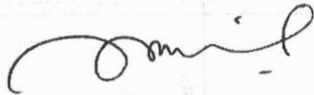
4. Untuk makluman, tuntutan perjalanan, makan dan bayaran penceramah adalah di bawah tanggungan Bahagian Sains Kesihatan Bersekutu (BSKB) , KKM. Sebarang pertanyaan sila berhubung dengan **Pn.Masyitah Bt Minhad di talian 05-2085134 atau email kepada syita_minhad@moh.gov.my.**

Sekian, terima kasih.

“BERKHIDMAT UNTUK NEGARA”

“MENERAJUI KECEMERLANGAN PERKHIDMATAN KESIHATAN MENTAL”

Saya yang menjalankan amanah,



(DR NOORAINI BINTI DARUS)

Ketua Profesion Pegawai Psikologi (Klinikal) dan
Ketua Unit Psikologi Klinikal
Jabatan Psikiatri dan Kesihatan Mental
Hospital Kuala Lumpur.

s.k. Fail



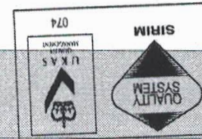
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TENTATIF PROGRAM



| TARIKH | MASA | PROGRAM |
|------------|----------------------|---|
| 4 Nov 2019 | 8.00 pg - 8.30 pg | Pendaftaran Peserta |
| | 9.00 pg - 10.00 pg | Majlis Perasmian Program & Ucapan Aluan Pengarah BSKB & Ketua Profesion |
| | 10.00 pg - 10.30 pg | Minum pagi |
| | 10.30 pg - 12.00 tgh | Update Ujian Penilaian Neuropsikologi Oleh: Dr. Faiz bin Mustafa (Pensyarah dan <i>Clinical Neuropsychologist</i> , USM) |
| | 12.00tgh - 1.00 ptg | Update Ujian Saringan dan Intervensi di OSCA Oleh: Encik Azmi bin Mohamed (<i>Clinical psychologist</i> , Hospital Melaka) |
| | 1.00 ptg - 2.00 ptg | Makan Tengah Hari/ Solat |
| | 2.00 ptg - 3.30 ptg | Update Ujian untuk Diagnosis Kanak-Kanak dan Dewasa Oleh: Dr.Azlinawati Nikmat (Pensyarah dan <i>Senior Clinical Psychologist</i> , UiTM) |
| | 3.30ptg - 5.00 ptg | Update Penilaian Forensik, Laporan dan <i>Court Appearance</i> |
| 5 Nov 2019 | 8.30 pg - 5.00 ptg | <i>Psychodynamic Psychotherapy</i> : 1. <i>Overview of Psychodynamic Psychotherapy</i> 2. <i>Psychodynamic Formulation</i> 3. <i>Therapy techniques</i> 4. <i>Treating BPD /MDD with Psychodynamic Psychotherapy</i> Oleh: 1. Associate Prof. Dr Aili Hanim binti Hashim (<i>Consultant Child and Adolescent Psychiatrist, UMMC</i>) 2. Dr.Akramul Zikri bin Abd. Malek (<i>Psychiatrist, HKL</i>) 3. Dr. Ng Boon Seng (<i>Psychiatrist, Hospital Labuan</i>) |
| 6 Nov 2019 | 9.00pg - 12.00 tgh | <i>Complex Case Discussion</i> Bersama Pakar-Pakar Psikologi Klinikal 1. Wakil Psikologi Klinikal daripada UKM: Associate Prof. HjH Normah Che Din 2. Wakil Psikologi Klinikal daripada UIAM: Dr.Jamilah Hanum binti Khaiyum 3. Wakil Psikologi Klinikal daripada KKM : Dr. Nooraini binti Darus |

Abstract on Complex Case Discussion

Clinical Psychology Masterclass MOH 2019

Few complex cases were discussed and suggestions were provided as below:

Case 1

Case: Young adult gentleman with Major Depressive Disorder, comorbidity with Asperger syndrome and borderline personality trait.

Issues: Came with crisis in every session. No motivation to live. Active suicidal ideation and attempted suicide few times. Warded few times. On ECT. Aggressive. Has issue to do homework in therapy and very pessimistic towards psychotherapy.

Suggestions: Back to basic on therapeutic alliance before setting any goals for the therapy. Reestablishment of therapist as a secure base and therapist as a model.

Case 2

Case: Teenage girl who suddenly regress in terms of speech and behavioural. Regress to a 'baby-like' stage.

Suggestions: Rule out neurological impairment and conduct neuropsychological assessment if needed, apart from getting the comprehensive history from different perspectives.

Case 3

Case: A child with selective mutism.

Issues: Five years with selective mutism. No improvements found in terms of academic performance at school. School suggesting for PPKI. The non-verbal IQ test's result was Borderline.

Suggestions: In terms of assessment, history taking from different perspectives (i.e., from school teacher) is really helpful to understand if the child had trauma or is having trauma. Understanding that the progress of the therapy is usually slow with this case. The therapy also need to incorporate the family and school. Ignoring the child at first and structurally taking out the family members, one-by-one, time-to-time may help the child to establish secure feeling with therapist and teachers at school.

Case 4

Case: A child was claimed by the mother to have sexual assaults. The mother keep requesting the clinical psychologist to provide the report for Hadanah, eventhough the assessment is yet to be completed.

Suggestions: Clinical psychologist to read and adhere to MOH Guideline on Medical Assessment of Child Custody Cases.

[http://www.moh.gov.my/moh/resources/Penerbitan/Garis%20Panduan/Pengurusan%20KEsihatan%20&%20kawalan%20pykit/Guideline On Medical Assessment Of Child Custody Cases.pdf](http://www.moh.gov.my/moh/resources/Penerbitan/Garis%20Panduan/Pengurusan%20KEsihatan%20&%20kawalan%20pykit/Guideline%20On%20Medical%20Assessment%20Of%20Child%20Custody%20Cases.pdf)

It involves getting the court order.